



Colon interposition in the management of post-corrosive strictures

Venanzio Porziella, Diomira Tabacco, Edoardo Zanfrini, Jessica Evangelista, Maria Letizia Vita, Leonardo Petracca-Ciavarella, Luca Pogliani, Elisa Meacci, Maria Teresa Congedo, Marco Chiappetta, Stefano Margaritora, Dania Nachira

Department of General Thoracic Surgery, Fondazione Policlinico Universitario “A. Gemelli”, IRCCS, Università Cattolica del Sacro Cuore, Rome, Italy

Contributions: (I) Conception and design: V Porziella, D Nachira; (II) Administrative support: V Porziella, D Nachira, S Margaritora; (III) Provision of study materials or patients: J Evangelista, D Tabacco, L Petracca-Ciavarella, E Zanfrini, L Pogliani; (IV) Collection and assembly of data: V Porziella, D Nachira, L Petracca-Ciavarella, E Zanfrini, D Tabacco, L Pogliani; (V) Data analysis and interpretation: V Porziella, D Nachira; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

Correspondence to: Dania Nachira, MD. Department of General Thoracic Surgery, Fondazione Policlinico Universitario “A. Gemelli”, IRCCS, Università Cattolica del Sacro Cuore, Largo A.Gemelli, 8, 00135, Rome, Italy. Email: danynac@libero.it.

Abstract: Stricture of the esophagus is the most frequent late sequelae of the ingestion of caustic agents. It is disabling, lead to chronic pain and malnutrition. Endoscopic dilatation still remains the first-line management but cannot be effective in all patients. When surgery is indicated, only selected patients can be submitted to an esophago-gastroplasty. Colon interposition for esophageal replacement is more frequently performed for treatment of caustic burns, but many questions still remain about colonic tract to be used (right or left), route of transposition and timing of the operation. Surgeon’s experience is the most important factor to choose the right colonic tract as esophageal substitute. Age, psychiatric disorders, massive ingestion, emergency tracheotomy, extended visceral resections, short delays in reconstruction, and pharyngeal involvement worsen surgical outcomes, therefore surgery should be performed in high-volume centers. Follow-up of these patients should not tend only to verify the patency of the transit and weight maintenance, but it should identify any lesion of the graft and any metabolic alteration referring to an altered permeability of the transposed colic segment. In this review, we present the main step of preoperative, intraoperative and postoperative pathway of esophageal reconstruction for caustic strictures with a colonic graft, critically exposed according to our experience.

Keywords: Esophagus; caustic agents; stricture; colonic graft

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Introduction

The ingestion of chemical agents is a rare but potentially fatal event and nowadays it represents a worldwide public health problem, usually seen in the younger age group (1). Ammonium hydroxide found in cleaning products, sodium hypochlorite used in bleach and potassium, sodium hydroxide found in cleaners and hair products, and hydrochloric acid used for toilet bowl are the caustic

substances most frequently ingested at home (2).

The 2018 annual report presented by the American Association of Poison Control Centres (AAPCC) (3) describes 84,000 cases of exposure to corrosive/toxic agents with an annual increase of 4.45% in major adverse events. In 80% of cases, people involved are children aged 2–6 who accidentally ingest products used for domestic cleaning, but they usually report minor injuries. In the remaining 20% of cases, adults aged between 30–40 years

voluntarily take some corrosive substances for suicidal purpose. These patients are at risk of potentially fatal injuries (3), because they usually intake a greater amount of substance.

The pH of caustic agents impact on the severity of sequelae. Strong acids with pH values below 2 and bases with pH above 10 are responsible for the most severe lesions. Severity of the clinical picture also depends on volume ingested, time of exposition, physical state, concentration and volume of the toxic agent. Usually, acids cause a mucosal damage because denature proteins with coagulation necrosis; the coagulum prevents the acid from reaching deeper tissues limiting the damage at the mucosal layer, but injuries can be severe. Basic substances can cause full-thickness wounds, because they saponify fats and create liquefaction necrosis, allowing deep penetration and extending tissue damage.

In clinical practice, in the acute phase (first 1–3 days) the most severe and frequent complication is visceral necrosis and/or perforation. Instead, after one/two weeks the repair process promotes the connective tissue production and, later, the scar retraction (4,5).

Clinical effects of caustic ingestions are immediate; only survivors of an acute episode are liable to suffer for delayed manifestations.

Late sequelae of the gut that can occur after variable time, are disabling and can be life-threatening (fistulas, strictures, malignancy). Because of the large diameter of the stomach, gastric strictures are uncommon; many patients have concomitant gastro-oesophageal strictures (6). Contrariwise, strictures can often involve the oesophagus; they can be long, complex and complicated, occur over a period of weeks to months, have a long stabilisation delay (7) and lead to chronic pain and malnutrition (1). Both emergency endoscopy (8,9) and CT (10) reliably predict their development; antibiotics (11) and steroids (12,13) failed to prevent delayed strictures. Repeated endoscopic dilatation still remains the first-line management and can be effective in half of patients (11). However, after five to seven sessions of dilatations, surgical replacement of the esophagus must be considered (14), although you need to consider it carefully because acute and chronic severe complications may burden surgery outcomes. Strictures can often involve both esophagus and stomach, so a colonic graft is the method of reconstruction used in most patients.

In this article, we present the main step of preoperative, intraoperative and postoperative pathway according to our twenty-year experience on colonic graft in esophageal

reconstruction for caustic strictures.

The choice of the esophageal substitute

When patients have a healthy stomach, you have to take into account that an esophago-gastroplasty has many theoretical advantages: it requires a single anastomosis only, has less perioperative complications and offers best functional results. Unfortunately, it requires a partial or a total removal of the scarred esophagus and this is not always possible without a high risk of major complications (bleeding, tracheal injuries) (15–17). For these reasons, only selected patients can be submitted to an esophago-gastroplasty.

Colon interposition for esophageal replacement is more frequently performed for treatment of caustic burns (18–22). The first question is: which is the best colonic segment to use? To date, the question is still debated, because reported series are not homogeneous. Before to perform the choice between right colon and left colon, some anatomical, functional and single patient aspects must be considered. The first key point is to perform a colonic interposition with a good vascular support. In this purpose, the colonic peduncle and the marginal artery play an important role, because ischemia is the main cause of failure of the surgical treatment. Some authors (23–26) describe a not negligible anatomical variability in the vascular anatomy of the right colon. In their autoscopic and arteriographic studies, Peters (27) and Stewart (28) reported that a normal right marginal artery was founded in 30–95% of cases, while conversely the presence of a regular left marginal artery was generally guaranteed. So, based on these findings, some authors claimed that the left colon is the first choice for replacing a scared esophagus and using the right colon is hazardous (29,30). In contrast, others (31) viewed some advantages using the right colon, especially when the ileo-caecal valve was preserved, because the valve seems to prevent the reflux. In addition, in case of vascular failure of the right graft, it is always possible to use the left colon, but not the opposite. Unfortunately, randomized controlled studies never investigated if right or left colon is the best substitute of the scared esophagus, and papers from high-volume centers showed overlapping results (6).

In order to establish the vascular support of right and left colon, and minimize the risk of colonic necrosis, some authors advocated preoperative arteriography (19,25,27). We also, in our experience of 12 patients, performed preoperative arteriography in all cases. The vascular preoperative examination surely allows an accurate picture

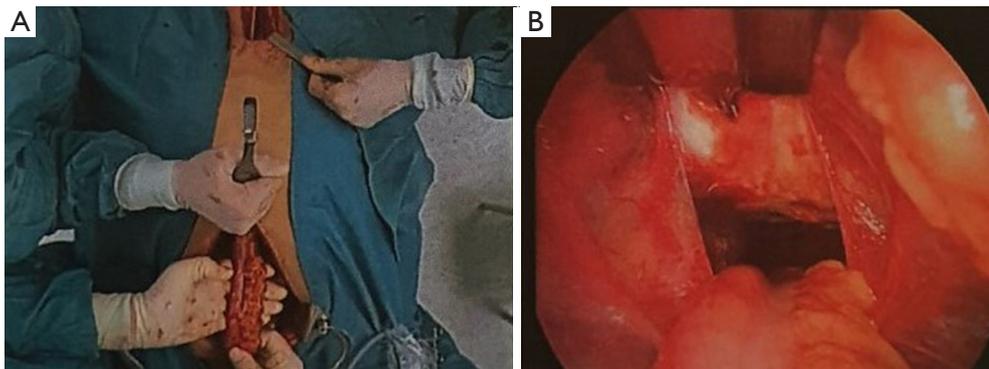


Figure 1 The substernal tunnel. Macroscopic view of the surgical field (A). Detail of the retrosternal route (B).

of anatomical vascularization; however, it is not able to define the effective blood supply of the graft, which is verifiable only after intraoperative, reversible clamp of the vascular pedicle. In our opinion, this test must be performed twice, before and after the trans-thoracic (or retrosternal) pull-up of the colonic graft.

Route of reconstruction and surgical timing

The substernal tunnel is the route of choice because the use of posterior mediastinum needs the ablation of the scared esophagus that may be often difficult and hemorrhagic (*Figure 1*). In order to avoid compression of the transposed colon, especially when the thoracic inlet is narrow, a partial sternotomy is indicated. In our experience, we systematically perform resection of the sternal manubrium. Using the substernal route, some investigators reported an increased risk of cervical anastomotic leak (19,32). Time for operation after corrosive injury is still under controversy. In his study on rats, Bassiouny (33) demonstrated that scarring continued for 6 months after corrosive event of esophagus. So, surgical intervention must be performed after almost 6 months from the acute event, in order to prevent the risk of anastomotic stenosis promoted by a too earlier operation, when the scar is not completely formed.

Early complications

Mortality of colon interposition ranges between 0% and 10% and about 19–63% of patients undergoing colic transposition surgery reported some postoperative complications (6). The incidence of intraoperative death has decreased over time, because of improved preoperative preparation, surgical technique, postoperative care and patient selection. Colonic

necrosis represents the most dangerous complication (0–14%) and the major cause of death following this procedure; the other most dangerous complication is the cervical anastomotic leak (6–28%) (6).

Vascular impairment is usually complicated by venous insufficiency and thrombosis, and less frequently, by arterial insufficiency. This problem is then amplified by bacterial contamination of the colon, and results in necrosis of the transposed colic segment in more than 14% of patients, with a significantly higher incidence than that seen for esophageal-to-stomach replacement (1%) (34). If not immediately recognized and treated with removal of the colic graft, this complication is fatal.

Usually, anastomosis dehiscence occurs at the cervical level. In contrast, dehiscence at the level of the colonic-gastric, ileo-gastric, colonic-colonic anastomosis is uncommon. As for all anastomoses of the gastrointestinal tract, the origin of failure in colic transposition is multifactorial, including ischemia, technical errors, anastomosis tension, infection. Therapy consists of resting the anastomosis by using parenteral nutrition, adequate drainage, and administration of antibiotic therapy. In the absence of total detachment of the anastomosis, proximal colic necrosis, or mediastinitis, surgical intervention is rarely required.

Late complications

Late complications after esophageal reconstruction are common, occurring in half of patients (14). Usually as a late complication of an anastomotic leakage, stenosis of the cervical anastomosis is the most common event (4–59%). Many fistulas spontaneously heal, but more than 50% are complicated by the onset of anastomotic stenosis requiring

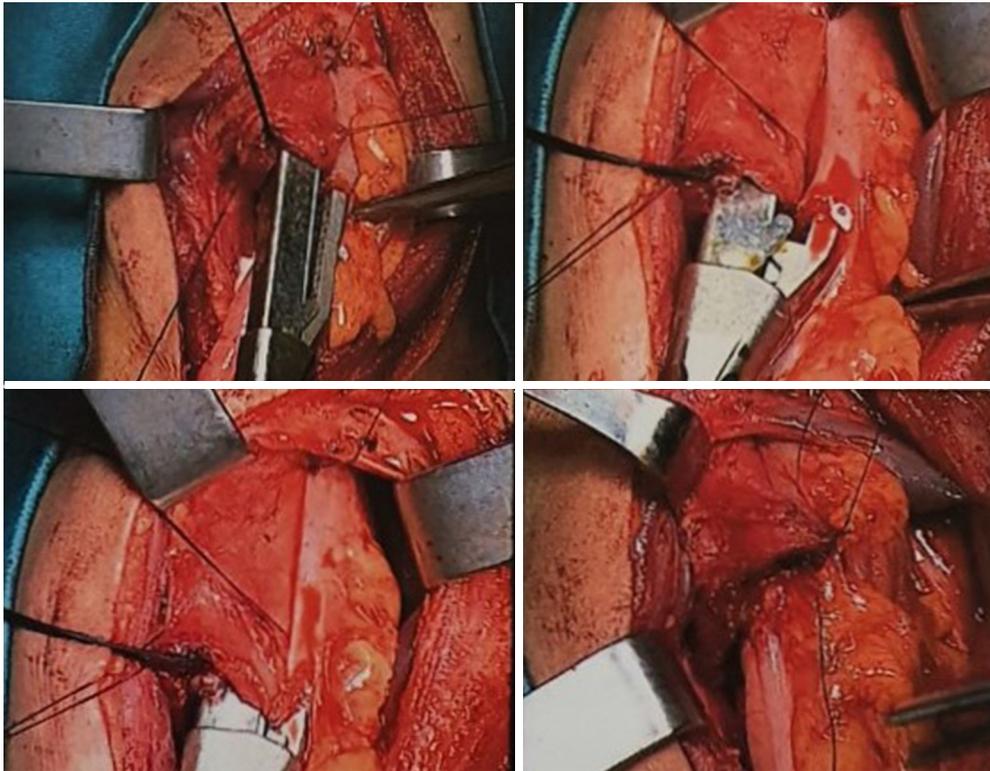


Figure 2 Main steps of the side-to-side stapled cervical anastomosis according to Orringer.



Figure 3 A gastrocolic reflux-induced lesion on the graft (arrow).

subsequent dilatation. Repeated surgery for revision of the anastomosis is rare.

Other complications are not so frequent, but redundancy, ulceration, reflux, and cancer of the graft can burden functional results and quality of life (35-39). In 2000,

Orringer (40) described a side-to-side stapled anastomosis that allows the creation of wide cervical anastomoses that are unlikely to develop stenosis (*Figure 2*).

Peptic ulceration occurs in 0.5% to 8% of patients. The common factor in the eleven cases reviewed by Malcolm (41) was the location of the colonic-gastric anastomosis at the level of the anterior wall of the stomach. Belsey (42) emphasized the importance of packing the colonic-gastric anastomosis at the level of the posterior gastric wall (a technique commonly adopted by our group) to avoid complications of a peptic nature. Despite this technique, in Belsey's experience 10% of patients undergoing colic transposition, developed stenosis of the colonic-gastric anastomosis which required surgical revision. In our experience, gastrocolic reflux caused relevant alterations of the colonic graft in one patient only (*Figure 3*).

Redundancy of the transposed colonic segment is uncommon in short-segment colic transpositions but is an unavoidable problem when long segment of colon is transposed. Specific maneuvers can reduce the innate tendency of the colon to dilate and become tortuous. Failure to reduce the excesses of the cervical and thoracic portions of the colic graft within the chest and abdomen

is a common cause of this primary complication. The predisposition of the thin wall of the colon to dilate because of negative pressure within the thorax and the absence of peristalsis may promote dilatation despite the use of a colic segment of adequate length. The distance of the transposed colic segment from the vascular pedicle, due to intrinsic redundancy, results in significant failure after a long time.

Jeyasingham *et al.* (43) reported an estimated 25% significant colonic redundancy in 69 patients followed for a period of 30 years after long-segment colic transposition. In such circumstances, reoperation may be required to correct the complications of colic transposition. Treatment of persistent symptoms and anastomotic complications by reintervention are reported in more than 37% of cases. In our series, only one patient developed a redundancy of colonic-gastric anastomosis 11 years after the transposition surgery and needed a reoperation.

Development of adenocarcinoma at the level of the transposed colic segment is infrequent, with <10 cases reported in literature (44). It may be related to the effect of gastric acid content or bile on colonic mucosa, occurring 5–47 years after surgery (44). Dysfunctional disorders of the transposed colic segment result in persistent dysphagia or in the development of upper gastrointestinal and respiratory tract symptoms. Good to excellent results have been obtained with colic transposition in 75–85% of patients with benign esophageal pathology. In a review of 45 patients treated for benign disease with colic transposition, 24% had no gastrointestinal symptoms at follow-up. Regurgitation, vomiting, and dumping syndrome occurred in 22%, 31%, and 18% of patients, respectively (45).

Mucocele of the excluded esophagus is also a rare reported complication. In our experience, we successfully treated one patient in a conservative way [three-stage ethanol ablation (46)].

Functional results

The best indicator of successful colic transposition is a patient's ability to gain and maintain weight. In children, this ability can be monitored as they grow. Stone *et al.* (47) reported that 89% of 36 children who underwent colic transposition increased their percentile weight. Colic transposition resulted in an increase in percentile weight in children with esophageal atresia, ranging from the 12th to 33rd percentile on average, and maintenance of the 50th percentile in children with alkali stenosis. In 5 or 6 children undergoing colic transposition, a reduction in fat absorption

was called into account for limited weight gain. Quality of life improved in patients treated for esophageal atresia with both primary repair and colic transposition. Patients undergoing primary repair showed quality-of-life indices similar to control cases, whereas those undergoing colic transposition showed a lower quality of life because of the development of digestive and respiratory symptoms.

Coevoet (48) compared quality of life of 80 patients submitted to colonic interposition with a reference group of patients undergone gastric tube, using the European Organization for Research and Treatment of Cancer (EORTC) QLQ-C30, EORTC QLQ-OG25 and Swallowing Quality of Life (SWAL-QOL) questionnaire scores. About 65% of patients reported good long-term results despite the high complication rate and the severity of the disease.

Functional study

Functional assessment of the interposed colic segment using fluoroscopy, cineradiography, and manometric studies leads to the conclusion that transit through the colon is predominantly passive and gravity-dependent and that the transposed organ does not appear to develop any motor activity.

Knowledge of the peristaltic activity at the level of the interposed colic segment is important since the decision to place the colic graft in an iso-peristaltic or anti-peristaltic direction depends on the presence or absence of a propulsive colonic motor activity. Belsey (42) stated that the long-term clinical results of anti-peristaltic colic transposition are not satisfactory. The reported manometric results support the notion that a good intraluminal colonic motor response to water is present, but conflicting results are not observed in patients submitted to an anti-peristaltic transposition.

For more than 20 years, there has been a growing interest regarding the use of radionuclide techniques for the study of esophageal motility. The common point of view is that the presence of a normal proximal segment of the esophagus acts as a propulsive thrust, facilitating transit through the transposed colic segment. However, we can assume that the colon as a substitute for the esophagus, with reliable peristaltic contractions, takes part actively in the transit of the bolus. Drawing inspiration from the observations made, in terms of altered permeability, on patients with chronic inflammatory bowel disease, we wanted to subject these patients to ⁵¹Cr-EDTA test. We noticed the appearance of altered intestinal permeability in

the follow-up.

These results, although not compared with further metabolic and morphological findings, lead us to hypothesize a possible long-term reabsorption of substances potentially capable of damaging liver and kidneys. In this regard, we suggest to evaluate, in the long follow-up, any metabolic and/or morphological alterations apparently not correlated with the interposition of a colic loop in the upper digestive district.

Conclusions

Esophageal-colon-gastroplasty is proved to be effective in the treatment of stenotic complications following caustic intake. Waiting for randomized controlled studies, surgeon's experience is the most important factor to choose right or left colon as esophageal substitute. Considering the high rate of severe complications, surgery must be performed in high-volume hospitals.

Age, psychiatric disorders, massive ingestion, emergency tracheotomy, extended visceral resections, short delays in reconstruction, and pharyngeal involvement worsen surgical outcomes.

In our opinion, follow-up of these patients should not tend only to verify the patency of the transit and weight maintenance, but it should identify any lesion of the graft and any metabolic alteration referring to an altered permeability of the transposed colic segment.

Because it is not always possible to trace the exact dynamic of caustic intake and to reveal the suicidal purposes, a long-term psychologic support must be always considered.

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